



National Alliance on Mental Illness

NAMI Southwest Missouri

January 2019

Support

Education

Advocacy

Research

HOPELINE Newsletter

SAVE THE DATE



Saturday, May 4, 2019, 10:00 am
Glendale High School Track
“May the fourth be with you!”
Come dressed in your best super-hero outfit as we fight stigma.



Saturday, August 24, 2019
Rutledge Wilson Farm Park

Watch our website for more information on these two events.

Calendar of Events & Other Activities

All held at the Hope Center unless noted otherwise.

Facilitator Meetings

4:00 pm

Jan 18, Feb 21, March 22

Town Hall Meetings

11:30 am

Jan. 30, Feb, 27, Mar, 27

Warm Line Responder Meeting

9:00 am

Jan. 8, Feb 12, Mar. 12

Karaoke Party

3:30 pm

Jan. 25

Board of Directors Meeting, Marian Center

4:30 pm

Jan. 24, Mar. 28, May 23

Peer Specialist Meeting

Jan. 25—1:00 pm

Feb. 26 & Mar. 26—2:00 pm

SPECIAL EVENTS

Join us for these special activities to be held at the Hope Center.

January 15, 4:00 pm: ***Life in Recovery:*** A celebration focusing on sobriety with a guest speaker.

February 14, 12:00 pm: ***Appreciation Day:*** A celebration of connection and community. Food will be provided by Panera and Krispy Kreme.

March TBD: ***Mindfulness and Meditation:*** Guided meditation and a class on mindfulness presented by a guest speaker. Call Sam at the Hope Center at 417-864-3027 for more details.

NAMI Southwest Missouri and Hope Center
1443 N. Robberson, Suite 408, Springfield, MO 65802
namiswmo.com

Office: 417-864-7119 Hope Center: 417-864-3027
Warm Line: 417-864-3676 or (Toll Free) 877-535-4357
nami@namiswmo.com

STORY OF IMPACT — LES JOSLYN



Mr. Leslie Joslyn retired from embedded software development for petroleum production automation after 41 years in the field. He is a past member of the NAMI Southwest Missouri Board of Directors and the current secretary of the NAMI

Missouri Board of Directors.

Mr. Joslyn began advocating for people affected by mental illness in 2001 while trying to get help for his wife. After struggling to find the best help possible, he learned of and attended the NAMI Family To Family class in 2006. He immediately knew he had to help present this information and started teaching Family To Family that same year.

Since then, Mr. Joslyn continued to teach Family To Family classes. He subsequently trained to provide other NAMI Family Education and Support

programs. He is an experienced Family To Family Teacher and State Trainer, NAMI Basics Teacher and State Trainer, NAMI Homefront Teacher and NAMI Family Support Group Facilitator and State Trainer. In September 2014, Mr. Joslyn was named a Gold Member of the NAMI Education Hall of Fame for conducting over 20 classes.

As a way to further advocate for families experiencing issues due to mental health conditions in someone in their family, Mr. Joslyn is a past Co-Chair for the Suicide Prevention Coalition of Southwest Missouri. Additionally, he currently facilitates a peer Survivors of Suicide Loss support group.

Mr. Joslyn is a strong advocate for, and retired teacher and trainer of, NAMI's Family Education and Support Programs as well as suicide prevention.

“NAMI Southwest Missouri expresses our sincere appreciation to Les Joslyn and Mike Jones for their service to the families and individuals impacted by mental illness.”

STORY OF IMPACT — MIKE JONES

In NAMI MO a lot of NAMI members and providers across the state know an older guy called Mike (Mike Jones) or Mr. J to some of the younger members. What most of NAMI hasn't known is, Mike in other endeavors is really Dr. Jones, a retired clinical psychologist and Navy Chaplain. Mr. Jones joined the Air Force after graduating from High School and became a member of a Air Force Security team that had him guarding KC 135's, then Base Security, returning to the KC 135's as a K9 Security Handler. The next journey in the Air Force took Mike to Offut Air Force Base as a SAC Elite Guard and finally ending his Air Force career of six years as a Cargo Loadmaster at Scott Air Force Base. While at Scott AFB Mike earned a BA and went on to Seminary where he earned a Master of Divinity. While serving several congregations he earned a M.S. in Counseling and shortly thereafter joined the Navy as a Chaplain. After several deployments with the Navy Rev. Jones became a Marine Chaplain serving with Battalions stationed at Camp Pendleton, Ca., Okinawa, Japan and had a one year tour in Korea. The USMC allowed Rev. Jones to study and earn a Ph.D. while at Camp Pendleton and continued to serve as a Pastoral Counselor.

With 22 years of combined military service Chaplain Jones retired and joined the College of the Ozarks in 1994 as a Professor of Psychology. In that same year Professor Jones joined NAMI Southwest Missouri and within a few years became a Board Member for NAMI SWMO. Several years later he became a NAMI MO board member and only recently, after two full terms (18 years) holding all positions possible as a board member, Mike continues his NAMI MO activities on the Advocacy and Nominating Committees.

During his second three year term, Mike became Board President and while in that office took classes in all ten signature programs NAMI offered. He became a State Trainer for Family to

Family Group Facilitators and NAMI Homefront. He has taught Family to Family, NAMI Homefront and is an IOOV presenter. Dr. Jones represented NAMI at the very first MO training for instructors of Mental Health First Aid. He went on to teach nearly 40 courses across the state helping to make MHFA a NAMI MO signature course.

He recently retired from the College of the Ozarks and went off the NAMI SW board. After retiring from the military, ministry and teaching, Dr. Jones continues to dedicate his efforts to help people understand severe and persistent mental illness. He has served as President of both NAMI SWMO and NAMI MO and has been fortunate to have worked with great NAMI leaders, Cindi Keele at state and both Larry Pegg, Dwayne Long and most recently Debora Biggs at SW.

At the NAMI MO annual meeting in April 2019, Mike will end his long work as NAMI Missouri's Service Members, Veterans and their Families (SMVF) Council MO State Representative. He will continue as a Member-at-large Council rep with the National SMVF Council and his work with the DAV and VA will also continue. At the April annual meeting as chair of the Nominating Committee he will make his final report and MC elections for the 2019 Board of Directors. With all the titles Dr. Jones has accumulated over 76 years and counting, being recognized as a NAMI member is one of his most cherished.





SUICIDE SURVIVORS MEMORIAL

NAMI SWMO Hope Center held a Suicide Survivor's Memorial on December 28. The purpose of this memorial was to offer grief support, empathy, and compassion for those who have lost a loved one to suicide and to celebrate the life of recovery of those who have survived a suicide attempt. This event featured an introduction led by Juanita Gitney, a processing session where members shared their testimonies, followed by cupcakes to celebrate the birthdays of suicide survivors, a moment of silence and a balloon release.

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SkillUp Missouri offers free college tuition and support services (if needed) to individuals receiving Food Stamp benefits. To see if you qualify call OTC's Center for Workforce Development Continuing Education office at 417-447-8888.

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Southwest Missouri

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NAMI Southwest Missouri
1443 N. Robberson Suite 408
Springfield, Missouri 65802

TO:

